

“PASTOR TOM’S TOP 10 LIST OF THINGS TO DO WITH YOUR NOSE DURING THE HEALTH CRISIS”

March 21, 2020 Sermon

NUMBER 10: LOOK DOWN ON IT AT SOMEBODY: Has your pride reared its ugly head this past week? Were you one of those folks hoarding toilet paper, instant hand-sanitizer, or Clorox wipes? There has been such fear and ugliness from many people – Jesus would tell us it’s time to be more loving – more generous – more kind: Remember, E.G.O. – Means “Easing God Out” – Pray for God to remove your prideful ego and replace it with love and kindness:

NUMBER 9: POKE IT INTO SOMEBODY’S ELSE’S BUSINESS: We see the dissention and strife happening in our country – Congress is divided along party-lines....We’re on the edge of a financial depression – And people want to poke their nose in your business to see if they can get a reaction from you....Remember, it takes 2 to tango – You don’t have to participate – Default to love!

NUMBER 8: SNOOP AROUND WITH IT: I used to love to gossip.....to nose around in other people’s lives – Then tell everybody half-truths or rumors about people to see what kind of reaction I could get....Remember, God gave us 2 ears and 1 mouth for a reason! Try to listen twice as much as you speak, and remain humble and modest in God’s eye:

NUMER 7: GET IT OUT OF JOINT: Anger is a normal human emotion – It’s going to happen to us – But, the key is what we do with this anger, how do we process it – Many people let anger fuel their adrenaline until it becomes an obsession – And the tongue is a dangerous weapon when we’re angry. We say things we don’t mean, and then regret them. Realize that anger is a natural emotion, but then hand it off to God, and let God have it and deal with it.....Don’t let yourself become obsessed with anger because misery is sure to follow:

NUMBER 6: CUT IT OFF TO SPITE YOUR FACE: I noticed yesterday that I was bitter and jealous because I haven’t been able to buy any toilet paper at the grocery store – How dare those hoarders who bought every last scrap of toilet paper, so I couldn’t have any! I have a feeling of self-righteous indignation.....that I’m not being treated fairly – People are so rude and insensitive.....And I need to realize that my fears of not having material things is just an illusion – Groceries and necessities will be replenished – This is a temporary situation – My fears are driving my imagination.....Deep breaths help to promote calmness – Trust in the name of the Lord!

NUMBER 5: PAY THROUGH IT: It’s a time of the haves vs the have-nots, and I feel like I’m one of the half-nots.....I covet material things other people have, and feel less than: I have to realize the material things in this world are temporary....We must concentrate on eternal things – Remember, the Bible tells us to not get too comfortable here in this world, as it’s a temporary

home.....This is not our eternal-home.....we're just passing through this world.....We must focus on a relationship with Jesus Christ – Who died on the cross so we could have eternal-life:

NUMBER 4: FIND SOMETHING RIGHT UNDER IT: When I relax and come into quiet reflection with God, I realize how blessed we really are – We have the love of Christ which transcends all understanding – We have salvation, given freely to us through our Lord Jesus Christ.....We've found it and it's time to share it – Don't be afraid to tell others how you found it – Jesus Christ is ready and willing to share his love of salvation – Be a willing messenger!

NUMBER 3: SEE PAST IT: Look past the temporal things of life – The things of self – Ego – Pride – Concentrate on our purpose here – To love our God with all our hearts, mind, and souls.....and to love others as we love ourselves. Be a hope-spreader.....Spread the message of God's love for us which gives us hope, and remember hope is grounded through our Lord Jesus Christ!

NUMBER 2: KEEP IT CLEAN: I need to be more humble and more obedient – The word humility literally means, “Having a low estimate of yourself – But it doesn't imply self-deprecation.....No, being humble is not to stoop until you're smaller than yourself.....Rather, start at your full height before some higher-power shows you just how small your greatness really is.....”Walk humbly with God” – This is the site of true humility – Walking with God lets us in on his greatness so we can see just how little we truly are: Pray to be clothed in humility so we're willing to serve others like our Lord Jesus Christ.

NUMBER 1: AND THE NUMBER ONE THING TO DO WITH YOUR NOSE WHEN YOU'RE BORED DURING OUR HEALTH CRISIS: GET IT STUCK IN THE BOOK: Get your nose stuck in the Book – The Bible – During this time of social isolation, the Bible is a welcome friend – It gives us such hope, refuge, and serenity! Reach for your Bible! Search for the strength in God's word – Our faith will overcome our fear – Our love will overcome hate – The word of God will calm our anxiousness – Seek it out – Dust it off - You won't be sorry you did this!

In the name of the Father, Son, and Holy Spirit: Amen!